The Western Washington Area Health Education Center

Alliance

Connecting Students to Careers, Professionals to Communities, and Communities to Better Health

FALL 2010
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WESTERN WASHINGTON RURAL HEALTH CARE LEADERS WORKFORCE DEVELOPMENT WORKSHOP A HIT

In October, Western Washington Area Health Education Center (WWAHEC) hosted a Western Washington Rural Health Leaders Workshop with the Washington Rural Health Association and Bellevue College. Following the lead from the AHEC of Eastern Washington successful 2009 workshop, WWAHEC used the same design and small group questions to host a meeting, with a few tweaks. Although WWAHEC did include universities that produce primary care providers, the target education audience was rural community colleges and urban colleges that have programs that serve rural or have interest in serving rural providers.

Why Bellevue College?

Bellevue College (BC) received a Department of Labor grant to expand their imaging programs and nursing program. Another component of the grant included outreach to those interested in health careers. Early on in their process BC recognized the importance of reaching out to rural populations. Instead of doing something like bussing a group of rural high school students to the city they recognized the longer term benefits of bringing key leaders of rural facilities together with health professions educators.

In rural Washington all community colleges have responsibility for covering large expanses of territory. There are "branch campuses" in more remote parts of the state. Many of these campuses only offer pre-requisites at those sites and often students are required to travel to the larger rural campus to receive most health professions education. Often the allied health/nursing/workforce dean does not have the opportunity to discuss the workforce needs of these smaller hospitals, clinics, and other medical employers. This venue created a framework for that discussion.

With distance education opportunities exploding among our educational institutions, and development of creative partnerships encouraged by stimulus, labor and state funds, the potential for innovation is ripe. This venue allowed for the sharing of best practices, such as Rural Outreach Nursing Education (RONE) and the HEET (Health Employee Education & Training) grant program. More important, the day allowed rural voices to give guidance to

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HEALTHCARE VOLUNTEERS SOUGHT FOR INTERNATIONAL SUMMER PROGRAM 2011

Work-travel experience provides opportunities for a life-changing experience

Health care professionals are invited to volunteer for travel to Vietnam, Peru, Tanzania and India this summer as participants in Global Impact, a Seattle Community Colleges service learning program presented in partnership with Seattle-area medical, education and service organizations. This is the 5th consecutive year Global Impact has run global health programs to developing countries.

In 2010, approximately 60 volunteers traveled to Peru, Vietnam, India and Tanzania on 2 week programs, saw over 2,000 patients, provided health education to children and mothers, installed over 70 clean burning stoves in villagers homes, built and installed water filters, set up organic farming plots at orphanages and other global health projects.

Physicians, nurses, dental professionals and others with strong clinical skills are needed for these short term programs (11-17 days), beginning in mid August. Peru Quest opportunities include rural health outreach campaigns, health education and infrastructure development such as installing water filters and clean burning stoves. In Vietnam, the health care team will trek to remote villages in the Mai Chau Highlands and set up mobile clinics. Peruvian and Vietnamese physicians and nurses will join these outreach programs. The project to the deserts of Rajasthan, India will include village clinics, composting toilets and healthcare education. Especially needed are more female healthcare practitioners for this Rajasthan program with its focus on women within a Muslim context.

Information and application materials are on the website, including an article in the Washington Family Physician's Journal and an informational power point about the program: **http://www.seattlecolleges.edu/globalimpact**

Who can participate?

These programs are a refreshing blend of ages, ethnicities, professions, academic backgrounds. The youngest participant has been 18 years old (the minimum age to enroll) and the oldest participant thus far has been 79! Participants include Seattle Community Colleges students/ staff, Seattle-area healthcare professionals and community members at large. Past participants in healthcare: physicians from Group Health, Swedish Hospital, UW-Medicine; PA/NP/RNs from Fred Hutchinson, Children's, Seattle Public Schools, SU/ UW Schools of Nursing and other professionals from a variety of organizations. Community member participants come from all walks of life. You can view pictures from the 2009 and 2010 projects on the website links to Shutterfly. **There are opportunities to volunteer on these programs for those without healthcare training. www.seattlecolleges.edu/ globalimpact**

ANNOUNCING A NEW SPECIAL PROGRAM AT UNIVERSITY OF WASHINGTON CONTINUING NURSING EDUCATION WOUND MANAGEMENT EDUCATION PROGRAM WINTER/SPRING COURSE 2011 FEBRUARY 9 — APRIL 14, 2011

APPLICATION DEADLINE: December 10, 2010

Course Description
This comprehensive, intensive program addresses a broad range of wounds (venous, arterial, neuropathic and pressure ulcers), healing problems (wound infection, failure to heal), and components of specialized nursing practice (role development, collaboration, research utilization, providing in-service education). Central concepts guiding the content and practicum experiences are prevention, assessment, diagnosis, treatment and evaluation of the healing process. Exposure to and experience with therapies such as topical treatments, ABI and compression therapy, and debridement are included.

Format
The program begins with 6 weeks of web-supported learning activities to be completed prior to attending class in Seattle. Following the web-supported phase, students will attend 14 days of classwork in Seattle.

Preceptorship
Preceptors guide students in gaining knowledge and expertise in the role of the certified wound care nurse in various health care settings (acute care, long term care, home health). Five precepted clinical days and selected clinical observations are arranged for all participants within the on-site phase of the course.

Course Requirements & Evaluation Procedures
Students will complete assigned readings, exams, projects, and professional enrichment activities. Completion of the program is contingent upon satisfactory performance of the on-line, classroom and clinical components.

Admission Requirements
- BS in nursing or related field
- Current state nursing license
- Evidence of one year of RN clinical experience within the past 5 years

WOCN Program Accreditation
This program is accredited by the Wound Ostomy and Continence Nurses Society (WOCN). Students who successfully complete this program are eligible to take the Wound Ostomy and Continence Nursing Certification Board exam for certification as a wound care nurse (CWCN). **Contact Hours: 130 hours**

What you will be able to do after taking this course:
- Relate impairments in wound healing to normal physiologic response to tissue injury.
- Apply assessment techniques to wounds in different stages of healing.
- Assess systemic factors (nutrition, perfusion, pathology) that influence healing outcomes.
- Select therapeutic options that correct systemic alterations and support healing using an evidence-based approach.
- Select appropriate topical therapies based on research findings and evaluation of the patient.
- Implement appropriate therapeutic strategies for complex wound healing problems.
- Demonstrate specific competencies in delivering wound care, including debridement, cultures, ABI measurement, compression wrapping, and documentation.
- Individualize education for patients, family members, and health care providers about prevention and treatment of wounds using adult learning principles.
- Explore opportunities for role development, collaborative practice and professional leadership in wound care.
- Discuss legal, ethical and cultural implications related to expanded practice in wound care.

Visit UWCNE on the web: www.uwcne.org
Register by phone: 206-543-1047
For questions, contact NoleAnn Ulery-Horsey at 206.221.2351 or noleannh@uw.edu

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all of us on what kind of programs would and could work for their communities.

The ideas, needs and innovations were prioritized among the group and will be sent to participants to decide next steps for action. Below is the list of the questions and the prioritized answers.

How do we improve communication between education and training institutions and rural health care facilities?

- Increase involvement on advisory committees' boards: improve networking i.e. AHECS, Allied Health Center of Excellence, workforce boards.
- Online clearinghouse for information on clinical bi-directional contacts/training info/best practice.
- IT support for rural hospitals support for web sites with volunteers, high school and community college students.
- Getting the RIGHT person at the table; administrative and program people from educational institution and the health care facility.
- Develop skill panel like partnership for regular communication, identify needs, strategic planning, pursue funding reduce confusion.
- Open up communication between colleges and health facilities i.e. monthly lunch-and-learn, college open houses, articulate professions in demand.

What are innovative ways to meet employers and educators needs?

- Grow your own, recruit from rural communities incumbent workforce, mentor throughout education, such as RONE, hybrid, HEET, RWJ, high school courses/visits. ***This was by far the priority of the group, garnering five times more votes than any other item.***
- Business/college partnerships, entrepreneurial approach to fund equipment, positions, scholarship, working with other health facilities such as adult care providers (businesses choose)
- Rural Health Information Technology education, including troubleshooting, pathways in high schools.
- Use telecomm to reduce travel costs, CE provided by practitioners in the field, to include leadership, online orientation education for faculty and health facilities, tele-advising at high school and college and other uses.

Pictured from the left; Tom Greer, UW School of Medicine, Fran Miller Forks Community Hospital, Dave Freeman, Renton Technical College, Laurie Wylie, Western Washington AHEC, Tracy DeVose Bates Technical College, Frank Kohel, Western Washington AHEC, Deborah Elstrom Clover Park Technical College

How do we enhance clinical training opportunities in rural communities?

- Increase access to mobile practice labs including a broad range of practice opportunities, community employer lab day and high tech and low tech. ***This was tied for the third overall priority for the group.***
- Statewide Allied Health clinical coordination.
- Urban students rotations in rural hospitals.

How do we improve hiring of new health care providers as a result of relationship developed through educational partnerships?

- Institute residency for nursing graduates. ***This tied for third.***
- Repeated exposures to community outside of clinic, and create relationships to people in the community, create immersion opportunities, imbedded in facility with variety.
- Educate employer for deliberate business model asset model.

How do we expand mentoring and educational programming for rural communities?

- Cross disciplinary training i.e. nursing and respiratory. ***This was the second overall priority of the group.***
- Mentoring online, hybrid in person.
- Residency Programs.
- High School outreach/Project HOPE.

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The western Washington participants recognize the wisdom of their eastern Washington partners and will be comparing lists and will benefit from the lessons learned from the follow-up work done in eastern Washington.

Many thanks to the Washington Rural Health Association which provided facilitators as well as the lunch. Most important, thanks to the rural Washingtonians who came from the islands of San Juan's, the fishing grounds and ports of the Northwest, the mountain communities, the Olympic Peninsula because workforce issues are very high on their priority list.

WESTERN WASHINGTON AREA HEALTH EDUCATION CENTER AWARDED $183,000 GRANT

The Western Washington Area Health Education Center (WWAHEC) has been awarded a HRSA ARRA-funded equipment grant through the UW AHEC Program to enhance health professions education. The grant funds of $183,000 will be used solely for the purchase of a human patient simulator set to be used by the Rural Outreach Nursing Education (RONE) program, run by Lower Columbia College. The simulators will be used for the acquisition of clinical skills for the nursing students who are placed in rural areas of the State.

RONE (Rural Outreach Nursing Education) created a proactive solution to create a nursing workforce already committed to rural sites, and build the pipeline for recruiting and retaining an ongoing pool of nurses. It is a partnership of WWAHEC, employers, education, Workforce Development Councils, the State Board of Community and Technical Colleges, the AHEC of Eastern Washington at WSU-Spokane, to create an on-line pathway for place-bound incumbent rural health care workers and other rural students to complete and Associate Degree in Nursing (ADN) Registered Nurse (RN) program. Didactic programming occurs on-line. Clinical education occurs in the student's community, and is augmented through the use of human patient simulators that are programmed for different medical events in infants, children and adults.

Rural health care facilities provide clinical training sites, with local nurses serving as clinical instructors, meeting the same regulatory requirements as all campus-based instructors. Incumbent workers are given release time from their employers for their clinical experiences. Many employers fund the cost of their employees' education through a loan-forgiveness program. Other students have scholarships, many provided by the Washington State Health Professions Loan Repayment and Scholarship Program.

The first cohort of nursing students began in January 2009 with 12 students in four rural sites: Jefferson Health Care in Port Townsend, Morton General in Morton, Klickitat Valley Health in Goldendale, and Ferry County Memorial Hospital in Republic. The second cohort began in January 2010 with three more sites added: Friday Harbor, Mason General in Shelton, Colville, along with second cohort groups at Port Townsend, Republic, and Morton. The program continues to expand, and the 2011 class is anticipated to be a total of 40 students. The 2009 first class of students will graduate this December.

Generous support from the Regence Foundation, the State Board of Community and Technical Colleges, Washington E-Learning, the Association of Washington Public Hospital Districts, the Washington Center for Nursing, the Washington State Hospital Association and the Washington State Department of Health has greatly advanced the development of RONE.

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UNIVERSITY OF WASHINGTON CONTINUING NURSING EDUCATION
MEDICAL-SURGICAL REVIEW & UPDATE ONSITE
WINTER 2011
ENHANCING MEDICAL-SURGICAL NURSING PRACTICE

Thursday, January 13, 2011 to
Thursday, April 14, 2011 - Various sites

Designed For: Experienced nurses interested in a comprehensive medical-surgical review and/or in preparing for certification or recertification in medical-surgical nursing

This 14-week continuing education course provides a comprehensive update on key topics in evidence-based medical-surgical nursing practice. The course is designed to meet two goals: 1) enhance practice in medical-surgical nursing and 2) support nurses in pursuing national certification.

National certification is a mechanism for protecting the public by clearly identifying nurses and agencies committed to the highest standards of professional preparation, patient care and patient safety. Nurses who have completed this course and taken a certification exam are very successful in attaining certification (95% pass rate). Teaching methods include didactic presentations by a variety of experts, discussion, case study analysis, reflective learning exercises, test-taking skill development, and a strong component of mentoring.

New graduates should contact their Agency Coordinator about certification eligibility requirements.

COURSE FORMAT & SITES
The course will be presented live at the University of Washington Health Sciences Center and transmitted electronically to participating sites in Washington, Alaska, Idaho, Montana and Hawaii. Some sites access the course on a delayed schedule via videorecordings.

REGISTRATION INFORMATION

Employees of Cosponsoring Agencies

- Alaska Native Medical Center: Tuition and course syllabus will be paid with education funds with approval of the unit manager.
- Columbia Memorial Hospital: Tuition and course syllabus will be paid by CMH.
- Franciscan Health System: Contact Cindy Woolman for details regarding eligibility and registration.
- Harborview Medical Center: Tuition and course syllabus will be supported through the HMC Continuing Education Request (CER) registration process with discounted fees.
- Jefferson Healthcare: Tuition and course syllabus will be paid by Jefferson Healthcare.
- Madigan Army Medical Center: Registration at this site open to MAMC staff only. Tuition and course syllabus will be paid by MAMC.
- Overlake Hospital Medical Center: Contact Amy Aaselund for details about registration.
- Pali Momi Medical Center: Tuition and course syllabus will be paid by PMMC.
- PeaceHealth Ketchikan General Hospital: Tuition will be paid by KGH.
- PeaceHealth St John Medical Center: Contact Melissa Selzler for details about registration and eligibility.
- PeaceHealth St. Joseph Medical Center: Tuition and course syllabus will be paid by SJMC.
- Portneuf Medical Center: Tuition and course syllabus will be paid by PMC with approval of unit manager.
- Providence Centralia Hospital: Contact Mary Jean "MJ" Marsh for details about registration and eligibility.
- Providence St. Peter Hospital: Contact Cari Pearson for details about registration and eligibility.
- Saint Alphonsus Regional Medical Center: Tuition and course syllabus will be paid by SARMC.
- St. Vincent Healthcare: Tuition and course syllabus will be paid by SVH.
- Sunnyside Community Hospital: Tuition and course syllabus will be paid by SCH.
- Swedish Medical Center: Contact Ann McElroy or Robin Olson for registration and tuition details.
- The Queen's Medical Center: Tuition and course syllabus will be paid for with available PPL funds with the approval of the manager.
- UW Medical Center: Contact Judy Mallon for details about registration and eligibility.
- Virginia Mason Medical Center: Tuition (excluding the syllabus) will be paid by VMMC. Contact Shirley Klakken for details about registration and eligibility.

As an employee of a co-sponsoring agency, be sure to contact your Agency Coordinator (AC) before registering online. Most coordinators are collecting registrations within their agencies and submitting them as a group to UWCNE. Your AC$#8217s name and contact information is in the course brochure. If you are instructed to register online, **be sure to indicate your affiliation** during the registration process. You will not be charged if your affiliation is a co-sponsoring agency.

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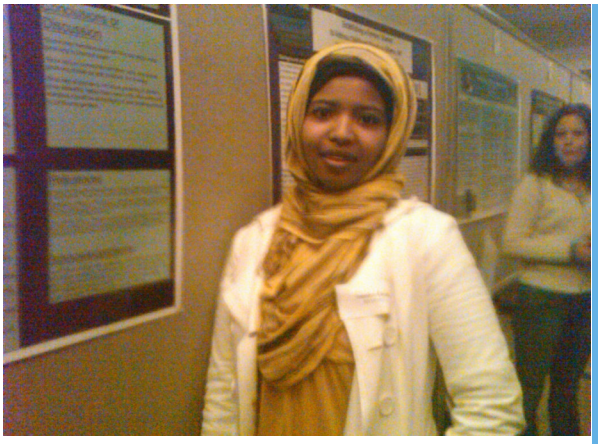
R/UOP: RURAL/ UNDERSERVED OPPORTUNITIES PROGRAM



The Rural/Underserved Opportunities Program (R/UOP) provides an opportunity for University of Washington students between the first and second years of medical school to be placed with a preceptor in a rural or underserved clinical site in Western Washington. R/UOP hopes to encourage primary care careers in clinical practice in addition to exposure to a rural or undeserved community.

Students receive broad clinical exposure and contact with the community and other members of the health care team. Students receive a stipend and money for travel. They are assisted in locating and paying for housing.

Preceptors are practicing physicians in rural sites or urban clinics serving the underserved. Most, but not all, are family physicians. A preceptor must be willing to take responsibility for a student's experience at the site. This includes working with the student to establish a schedule of experiences, supervising patient-student contacts, and helping the student evaluate her or his progress.

One hundred and eighteen University of Washington medical students completed a rural or underserved rotation in WWAMI last summer. Most students completed a community research project that culminated in a poster session. Pictured is Samira Farah next to her poster about the container growing project. Many of Samira's patients lived in apartments and did not have access to garden space. Her project allowed low income individuals to grow food.

The UW School of Medicine has published a wonderful website with a program overview, an FAQ page, and a current application. http://depts.washington.edu/fammed/predoc/programs/ruop

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Employees of Other Agencies—Individuals who are not employed by a cosponsoring agency may register and attend class either at the UW Health Sciences Center in Seattle or, if space is available, at one of the cosponsoring agencies. The fee for individual registrants is $695 which includes tuition and the course syllabus. For more information, contact UWCNE at 206-543-1047 or Shannon Barrett at 206-221-4963 or sbb82@uw.edu.

CO-SPONSOR APPLICATIONS NOW BEING ACCEPTED!
Hospitals and agencies in all regions of the country are invited to co-sponsor the next Medical-Surgical Review & Update Course. For more information, contact Martha DuHamel at 206-616-3550 or marthadu@uw.edu.

Alliance is published by the Western Washington Area Health Education Center

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Inform Us Please!

1. If you wish to be included in our mailing list.

2. If you have information to share.

3. If you would like to include your CE Activities in our On-Line calendar.

We appreciate any comments or questions you may have.

The Alliance is supported in part by Cooperative Agreement No. U&6 PE 03022 with the Bureau of Health Professions, Department of Health & Human Services and the Washington State Department of Health.

Visit our website at www.wwahec.org

CMEList.com: ONLINE CONTINUING MEDICAL EDUCATION FOR ALL SPECIALTIES FIND CATEGORY 1 ACCREDITED ONLINE CME SITES BY MEDICAL SPECIALTY

As the end of 2010 approaches, many of your physicians may need additional CME hours to fulfill their CME requirements. Physicians will find a useful source of continuing medical education (CME) at the Annotated List of Online Continuing Medical Education, http://www.cmelist.com/list.htm.

We now have links to more than 325 Online CME sites offering more than 13,500 CME courses and more than 24,000 hours of CME credit. The List is updated regularly as new online CME sites and courses become available. There is no charge for accessing the List and no registration is required.

Please contact Bernard M. Sklar MD with questions or comments at bersklar@netcantina.com.

Mission Statement

The Western Washington Area Health Education Center works to assure equity of and access to health care for underserved rural and urban populations in western Washington through education and workforce development.