

## *What could we do?*

YHSC placements are limited only by your imagination! Here are some examples of possible service projects:

- Studying childhood obesity as a group then going to an elementary school to teach about healthy eating and lead and exercise class.
- Shadowing a local dentist.
- Learning about public health and poverty by serving at a homeless shelter and talking to its residents.
- Taking a tour of a medical research center.
- Participating in a Cancer Walk to raise money for research.
- Helping physicians at a hospital clean instruments and greet patients.



## **Contact Holly!**

Holly Boyce, YHSC Program Coordinator

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## **Western Washington Area Health Education Center**

WWAHEC is a non-profit agency that strives to achieve equity of and access to healthcare for the underserved rural and urban populations of Washington State through education and workforce development. WWAHEC has supported the Western Washington branch of YHSC since 2009.

**For more information on YHSC:  
[www.nwctahec.org](http://www.nwctahec.org)**



*Interested in Health Care Careers?*



*Join Youth Health Service Corps!*

## ABOUT YHSC

**Youth Health Service Corps** is a program for high school students interested in health care careers. After undergoing a 4 hour training to prepare you for working in a health care setting, you will be matched with organizations and clinics in your area to complete 50 hours of service and earn an official YHSC certificate.

**Why** should you join Youth Health Service Corps?

- Being a member of YHSC is a great way of exploring health care careers. Each school's YHSC group will meet regularly to discuss current health care issues, different careers, and even bring in professionals to speak and answer questions!
- The service match that YHSC makes will help you gain relevant experience in the health field. After completing our program, you will know more about health care, and have experience that puts you ahead of the pack!
- YHSC is a fun and interesting way to serve in your community. Volunteering makes you feel good! You will also be better connected to students with similar interests and healthcare professionals in your community.

## Questions?

*We have answers!*

### How can I join?

Talk to your Career Counselor or Health Teacher about joining YHSC. You can also contact your local YHSC Coordinator. Contact details are on the back of this brochure.

### Where will I serve?

YHSC members volunteer in many places, and matches are made to best suit your interests. Past placements have been made at local clinics and hospitals, senior centers, homeless shelters, and child care centers, just to name a few. Many YHSC members also help fund-raise for causes and cures, and participate in benefits put on by health organizations.

### What will we discuss?

When YHSC group meets, members will tell stories about their volunteering, and about what they've learned. We will also explore different career options, talk about current issues in health care, and just hang out!

### How will we keep in touch?

Members will log their service hours onto the YHSC website to keep track of them, and will keep in contact with their coordinator in-between meetings by email. There will also be a monthly newsletter sent out to members exploring health care topics and careers, that members can add content to, if they wish!

